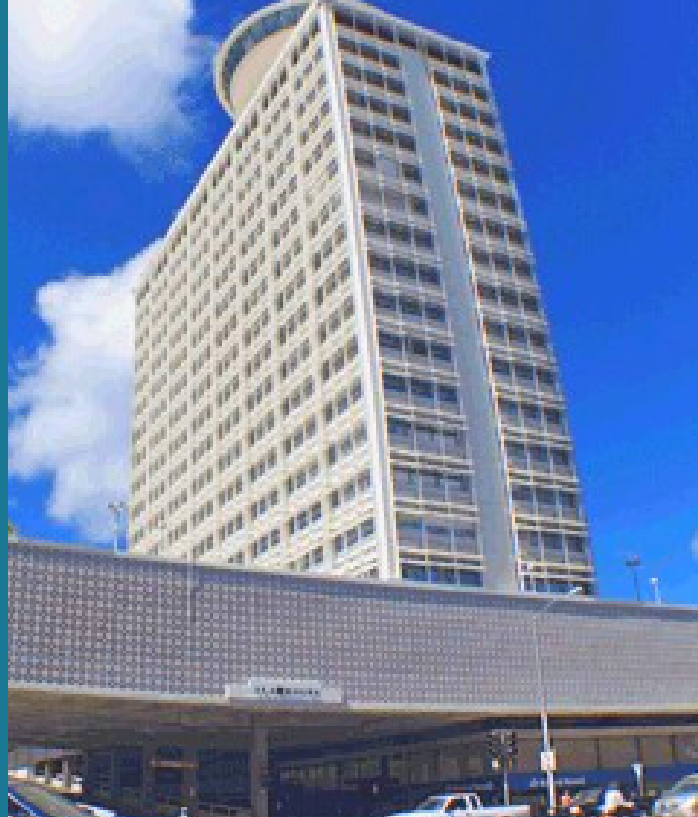


COVID-19 PANDEMIC RESPONSE

For everyone's health and safety,
services are currently offered via telehealth.

For youth and families without reliable access
to phone or internet, in-person visits can be
arranged by appointment after pre-screening
for symptoms and potential exposure to
COVID-19. We ask that all visitors to our
office wear masks and have their temperature
measured upon entry.

Mahalo for helping to keep
everyone safe and healthy.



CONTACT US

1441 Kapiolani Boulevard Suite #1503
Honolulu, HI 96814
Main Line: (808) 973-1001
Fax: (808) 973-1000

For new referrals or inquiries: (808) 973-1002.

Email: DOH.CAMHD.OnTrack@doh.hawaii.gov
Website: www.health.hawaii.gov/ontrackhi



**Child & Adolescent
Mental Health Division**



FOR PROVIDERS

Is OnTrack Hawai'i right for my client? The program is designed for Child and Adolescent Mental Health Division enrolled adolescents and young adults between the ages of 15-20 who have recently begun experiencing psychotic symptoms such as hallucinations, unusual thoughts or beliefs, or disorganized thinking for more than a week but less than 2 years.



SERVICES

FOR YOUTH AND FAMILIES

What are some signs someone might be experiencing a first episode of psychosis?

- Starting to withdraw from family and friends.
- Having thoughts that seem strange to oneself or others.
- Becoming fearful or suspicious of other people.
- Hearing or seeing things that others don't.

IS ONTRACK HAWAI'I RIGHT FOR ME OR MY LOVED ONE?

OnTrack Hawai'i is for people who:

- Are between the ages of 15-20.
- Have recently begun experiencing symptoms, such as unusual thoughts and behaviors, hearing or seeing things that others don't, or disorganized thinking, for over a week but less than 2 years.
- Are willing to work with a diverse team of healthcare professionals.
- Are eligible for Child and Adolescent Mental Health Division care coordination service.

WHAT SERVICES DOES ONTRACK HAWAI'I OFFER?

OnTrack Hawai'i utilizes a "Shared Decision Making" model and involves:

- Comprehensive treatment using evidenced-based practices delivered by an integrated clinical team specializing in early psychosis.
- Psychiatric treatment, Cognitive Behavior Therapy-informed individual psychotherapy, family education, and support.



ABOUT US

OnTrack Hawai'i is an early intervention program designed for teens and young adults who are experiencing unusual thoughts and behaviors or have started hearing or seeing things that others don't. Our team helps people achieve their goals for school, work, and relationships.

WHAT WILL PARTICIPANTS RECEIVE?

Treatment and support services for approximately 2 years, based on their needs and preferences.

Medication management if they and their doctor decides that it is needed.

Therapeutic support with learning about psychosis and developing a plan for recovery from psychosis.